

MONDAY	TUESDAY	WED.	THURS.	FRIDAY
AM: cereal, fruit, milk L: cheese tortillas veg., fruit, milk PM: snack mix, juice (tod. Nilla wafers)	AM: pancakes, fruit, milk L: beef barley soup w/veg, fruit, milk PM: blueberry muffins juice	AM: oatmeal, fruit milk L: H.M. mac & cheese veg., fruit, milk PM: graham crackers juice	AM: biscuits, fruit milk L: turkey sandwiches veg., fruit, milk PM: cookies juice	AM: french toast, fruit, milk L: fish sticks, fries fruit, milk PM: ritz & cheese water
AM: cereal, fruit, milk L: chicken & rice veg., fruit, milk PM: yogurt & fruit, water	AM: bagels, fruit, milk L: grilled cheese, fruit tomato soup, milk PM: tortilla rolls w/ jelly, juice	AM: cream of wheat, fruit, milk L: spaghetti w/ meat sauce, fruit, milk PM: goldfish crackers juice	AM: waffles, fruit milk L: tacos w/ meat, cheese lettuce, fruit, milk PM: granola bars juice	AM: english muffins fruit, milk L: teriyaki wings, rice veg., fruit, milk PM: apples & crackers water
AM: cereal, fruit, milk L: noodles with cheese veg., fruit, milk PM: snack mix, juice (tod. Nilla wafers)	AM: pancakes, fruit milk L: hotdogs w/bun, veg, fruit, milk PM: blueberry muffins juice	AM: oatmeal, fruit milk L: bean burritos veg., fruit, milk PM: graham crackers juice	AM: biscuits, fruit milk L: chicken noodle soup w/veg, fruit, milk PM: cookies, juice	AM: french toast, fruit, milk L: ham sandwiches veg., fruit, milk PM: ritz & cheese water
AM: cereal, fruit milk L: ham & cheese rollup veg., fruit, milk PM: yogurt & fruit, water	AM: bagels, fruit, milk L: potato soup, cracker fruit, cheese, milk PM: tortilla rolls w/ jelly, juice	AM: cream of wheat, fruit, milk L: nachos w/ cheese triscuts for tots veg., fruit, milk PM: goldfish crackers juice	AM: waffles, fruit milk L: hamburgers w/ bun veg., fruit, milk PM: granola bars juice	AM: english muffins fruit, milk L: chicken nuggets fries, fruit, milk PM: apples & cheese water